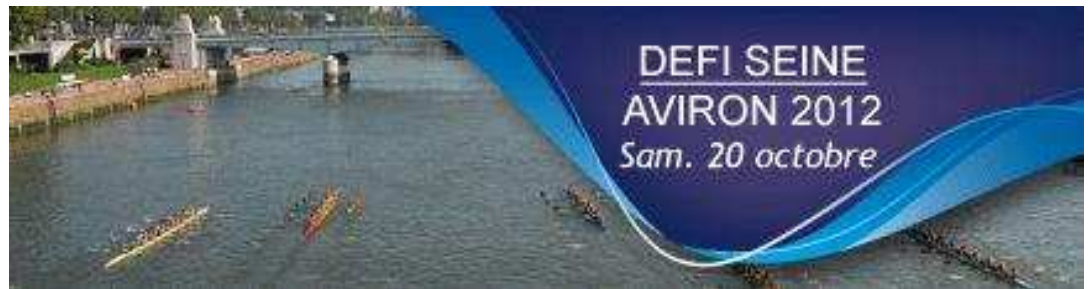


The Club Nautique et Athlétique de Rouen (CNAR) inaugurates a new long distance race in 8.

It is our great pleasure to welcome you to the first edition of the Défi Seine 2012 rowing race that will take place on Saturday October, 20th in Rouen on its very own center town. We hope many of you will enjoy this new style of racing with dual battle of crews of Height.

We hope many of you will come to enjoy this first Edition of Défi Seine 2012. Experience the duel rowing fight of 7km in 8+. It will be an additional opportunity to share our passion and to enjoy a unique site in Rouen.



Informations

The Race

The race is a dual battle over 7km. There is a start every 30 seconds.

Trophies

A trophy is given to the first crew of club for each category.

Categories

The following categories can race :

- Juniors (1994 and 1995)
- Seniors (1993 and +)
- Masters
- University

Mixed clubs crews are allowed if clearly indentified at registration. Note those mixed clubs crews are not entitled for the Defi Seine 2012 trophy.

Boats

Coaxed height (sweep oar or sculling are permitted).

Timing

The overall event starts from Saturday October 20th at 1.pm (welcome of teams) and finishes on Sunday 21st morning at 12am (function of the formula of stay).

Transportation

Rowers and boat transportation is at your charge.

Boat Lending

Please consider using your own material. We do not have the capacity to lend boats to the clubs.

However if you face difficulties to bring your own equipment, please let us know that we try to **sort it out for you.**



Accommodation / Catering

Accommodation starts on Saturday October 20th at 1pm up to Sunday 21st at 12am. It includes a night at the hotel (or youth hostel similar), breakfast, meal, Saturday's evening party.

Rate

<i>Rate</i>	<i>Person/crew</i>	<i>Registration</i>	<i>Accommodation</i>	<i>Meal</i>	<i>Party</i>
39 €	Per Person	✓	✓	✓	✓
20€	Per Person	✓		✓	✓
10€	Per Crew	✓			

The Defi Seine 2012 organisation committee offers the full event package to the 10 first crews registered and coming from more than 250km of Rouen. Please note that this offer is for one crew per club.

Booking

Booking should be done before September 15th.

Last minute booking

If it happens that a booking request is sent after September 15th, we will make our best to satisfy it, but no guarantee is given.

Cancellation

In case of a request of cancellation received after the 30th September 2012 there will be no refund.

Accommodation in Rouen

By a simple request/mail, we can provide you the list of hotels and other accommodations in Rouen.

* (hors boisson)



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